



Welcome to E-town

Swim and Fitness

270-765-7946 / 3026 Ring Road - PO Box 1325

Elizabethtown, KY 42701

What We Offer

- Indoor Lap Pool : Open Year Around
 - Indoor Lap Pool : 18 yrs +
 - September 3, 2019 - May 25, 2020
 - Family Swim Time : 12p-6p Saturdays only
 - Sign the sheet by Ft. Desk when using the pool
- Outdoor Olympic Size Pool
 - Open from Memorial Day to Labor Day 2020
 - Bad Weather Policy : For both pools, we require that all members be out of the water if we see lightning or hear thunder for 30 minutes.
- Indoor/Outdoor Basketball Court
- Hot Tub : 18 years and older
- Indoor Walking Track : 12 laps = 1 mile
- Outdoor Walking Tracks : 3 laps = 1 mile
- Sand Volleyball
- Racquetball : reserve a time at the front desk
- Ladies Only Workout Zone
- Men & Women Lockers Rooms
 - Combination lockers:\$10 monthly/\$100 annually
 - Bring your own padlock for daily use on bottom lockers. Remove the lock when you leave.
- Men & Women Saunas
- Free-Weight Room
- AB Zone
- Aerobic Room & Yoga/Pilates Studio
- Outdoor Playground : 10 years old and under; Adult Supervision must be at all time while children are using the playground; if the weather is under 45°, the playground will be closed.
- PT Pros - Free PT consultation
- **Free Orientation with a Fitness Trainer**
 - Contact Jayne jlevan80@yahoo.com

Fitness/Training Classes

90+ classes offered

- Aqua Aerobics
- Extreme Cycling
- Aerobic Classes
- Exercise Classes
- Specialty Classes
- Yoga/Pilates/Stretching Classes
- Personal Training - *extra charge*
- Strength Training + Cardio
- Boxing Equipment

Guest Fees

- **\$10.00** 9 years old and up
- **\$5.00** 8 years and under
- **Guest Pass Policy** - Any non-member wishing to come into and use the facilities at ESFC as a guest, **will be required to sign in and be accompanied by a current member of ESFC.** The ESFC member **must be 18 yrs or older** to bring a guest into our facility. The member must stay with their guest and the guest can only be here during guest hours.
- **2 Free Guest Passes Per Month**
 - Stop by Membership to pick them up
 - Expire 30 days from date issued
 - Not included with a Summer Membership

- **Guest Hours : 8am-8pm**

ESFC Hours

- Monday 4am until Saturday 10pm
- Sunday 7am - 10pm



E-TOWN SWIM

FITNESS • CENTER

Kids Klub

- 11 Years Old and Under
- 2-Hour Time Limit Per Day
- Hours:
 - Monday - Friday 8am - 8pm
 - Saturday 8am - 3pm
 - Sunday 1pm - 5pm
- \$3 Per Child : for kids not on membership
- Reminder Text for Kids Klub updates:
Text to 81010 : send the code @4fc423

55+ Memberships

- 50% off Guest Fees
- Discount on Bottle Drinks
- Free Friends Friday - Sign in at Ft. Desk

Membership Information

- Monday - Thursday 8am - 6pm
- Friday 8am - 5pm
- Saturday 10am - 2pm
- Membership@etownswim.com
- Monthly Memberships:
 - Billing runs on the 2nd of every month
 - \$100 Cancellation Fee - before contract ends

- Annual Memberships: No Refunds

Questions about ESFC

- **Fitness Director** - Jayne
jlevan80@yahoo.com
- **Membership Director** - Tricia
tpayne@etownswim.com
- **Aquatics Director** - Karlee
kham@etownswim.com

Facility Privileges By Age

7 years old and under - With A Parent:
Basketball, Outdoor Pool (during summer)

8 - 11 Years Old - With A Parent: Basketball,
Outdoor Pool (during summer), Racquetball,
Sand Volleyball

12 - 15 Years Old - Basketball, Outdoor Pool
(during summer), Strength Training Center^^,
Fitness Classes, Racquetball, Sand Volleyball

16 - 17 Years Old - Basketball, Outdoor Pool
(during summer), Strength Training Center^^,
Fitness Classes, Free Weights, Racquetball,
Sand Volleyball

18 Years Old and Older - Basketball, Indoor
Pool, Outdoor Pool (during summer), Hot
Tub, Strength Training Center, Fitness Classes,
Free Weights, Racquetball, Sand Volleyball

^^ After New Membership Orientation

Check Out Our New Website!

www.etownswim.com

[Follow Us On Social Media](#)



Etown Swim and Fitness Center



@EtownSwim